



# April Newsletter



*Are you ever coming back for more than a day?*

*We've really missed you,*

*please don't stay away so long !*

*It has certainly been a muddy winter!*

*Now that the sun is shining and the*

*birds are singing stop by the center and*

*Check out all that we have to offer!*



## INSIDE THIS ISSUE

Thank you Lions.....2

Lunch Info.....2

Earth Day Project.....3

Larks/Art.....3

Speakers.....4

March?.....5

Care Van Info .....6

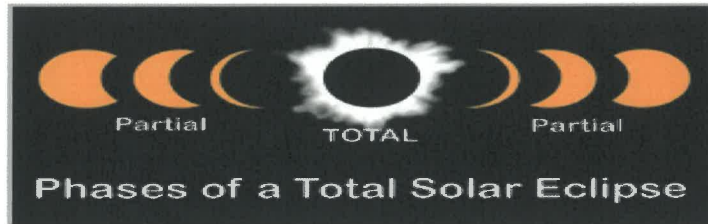
Calendar of Events

Center Weekly Activities



**Thank you so very much to the Lions Club for their continued support of the Senior Center. Their generosity in sponsoring our holiday meals is truly wonderful and greatly appreciated! Thank you!**

**The Senior Center and all Town Buildings will be closed on Monday, April 8th!**



**From The Lunch Program Kitchen:**

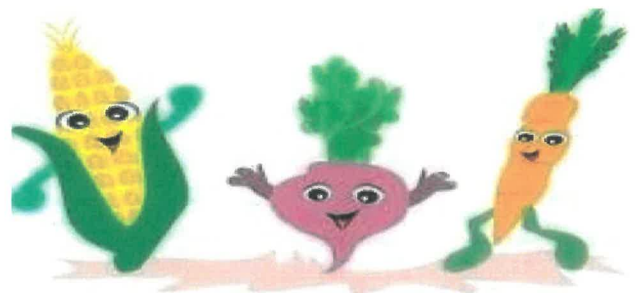
**Please sign up for lunch by Tuesday the week before you would like to attend.**

**If you would like to reach Cheryl at the Senior Center**

**Please call 754-2071 extension 395**

**Remember if you would like transportation for the lunch program provided by the Senior Van please let the office know so we can put you on the schedule. Thank you!**

**11:30AM-12:30PM Every Wednesday  
Feed More WNY's Mobile Farm Market  
Will be in the Parking Lot with  
Fresh Produce for Sale  
for Everyone!**





**Monday, April 22, 2024 9:00AM**

**To Celebrate Earth Day**

**We will have a seed planting project!**

**Seeds, pots and soil will be provided!**

**You supply the gardening skills  
and the enthusiasm!**

**Please make sure you sign up for lunch!**



**Larks Concert**

**Wednesday, April 24th at 11:00AM**

**Enjoy the musical talents of the  
Lewiston Larks!**



shutterstock - 561677971

**Afternoon Art**

**Check out our Watercolor Class**

**Every Monday 1:00-3:00PM**



**THE TOWN OF LEWISTON  
SENIOR CENTER**

**Will be open 8:00am-4:00pm  
Monday –Friday. It maintains  
an open-door policy creating a  
pleasant and healthy environ-  
ment for Senior Citizens. The  
caring staff is dedicated to the  
well being of those who par-  
ticipate in the many programs  
and services offered.**

**Please check the calendar to  
see what events and activities  
we have planned this month.**

**We attempt to keep our news-  
letter information as up-dated  
as possible but occasionally  
changes do happen after pub-  
lication. Check our website  
for updated information:**

**lewistonseniorcenter.com**

**You do not need to be a mem-  
ber of the Senior Club to par-  
ticipate in any of the pro-  
grams offered at the Center!**

**The Niagara County Office for  
the Aging Attorney is available  
at the Center for Legal Ser-  
vices the first Tuesday of eve-  
ry month from 11:30am-  
12:30pm. Please call the cen-  
ter to schedule an appoint-  
ment or for more infor-  
mation.**

**Driver Safety Classes are on  
hold until Spring 2024.**

**AARP Tax Prep will conclude  
on April 12th. Thank you so  
much to all our Tax Prep Vol-  
unteers. Thank you so much  
for all of your time and ef-  
forts!**

**If you any questions or com-  
ments please feel free to con-  
tact the Senior Center**

**lewistonseniorcenter.com**

**(716)754-2071**

**Thank You!**



# April Speakers and Happenings



**Blood Pressure Screening with Joyce!**

**1st and 3rd Tuesday of each Month at 10:30AM**



**Grief Support Group**

**Every Thursday 1– 3:00PM**



**Niagara County Office for the Aging Attorney**

**Will be here Tuesday, April 2nd**

**Please call to have your name placed on the list.**



**Sonora Miller, Director of the Youngstown Library**

**Will be here to discuss Library Programs!**

**Wednesday, April 3rd at 11:00AM**



**Need Help With Your Cell phone or Other Devices?  
Technology 101 Can Help!**

**Thursday, April 23rd at 1:30PM**



**Earth Day Planting Project**

**Monday, April 22, 2024 9:00AM**

**Plan to come in and get your hands dirty!**



**Speaker Historian Ken Slaughenoupt**

**Tuesday, April 23rd at 11:00AM**



**Flower Arranging Class**

**Friday, April 26th at 1:00PM**



**Don't Forget Super Fun Trivia!**

**Every Friday at 12:00!**

**Food! Fun! Prizes!**





**March was a very challenging month! The Senior Center had an issue with our phones that lasted more than three weeks if you attempted to call the center you may have been unable to reach us, or if you did reach us we could not hear you!**

**Thank you to Verizon Repairman Scott for all of his assistance, and working hard to get the problem resolved. Scott was at the center so much people thought new staff had been hired! Thank you so much to everyone that has helped out at the center! Thank you so much for all you do! Thank you!**



### **Attention**

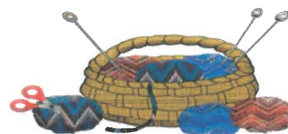
**Quilters, Knitters, Crafters and Crochet  
Come to the Center on Friday Mornings**

**At 9:00-11:30AM**

**Work on your project whatever it might be!**

**Enjoy some coffee or tea!**

**Socialize and enjoy the company!**



## TOWN OF LEWISTON SENIOR CENTER CAREVAN

Transportation is provided for residents who would like to attend activities at the center and for medical appointments. However, donations are greatly appreciated but no Senior will be denied service due to an inability to pay. The Senior Van is in operation Monday through Friday from 8:30AM-3:00 PM. Arrangements must be made 24 hours in advance. Senior Van funding provided by the Town of Lewiston and the Niagara County Office for the Aging.

**Who may use the Senior Van:** The Senior Van may be used by Seniors 60 years or older, residing in the geographic limits of the Town of Lewiston. We do NOT have a wheel chair van. If you require ANY assistance, due to liability restrictions, you must have someone accompany you to provide the required assistance.

**Service Priorities:** Every van rider is important to us, Medical needs will be the first priority for service. Seniors requiring hospital or doctors care will be scheduled prior to any other need. In order to accommodate as many people as possible, you may have to be picked up earlier than you think necessary if there is more than one appointment scheduled for the same time. YOU MAY HAVE TO WAIT TO BE PICKED UP for your trip home.

Due to increased demand of our Van Service, the Senior Van will provide transportation for Shopping, Banking, and Hair Appointments as van availability allows. Please call the center for more information. This service is limited to the Village of Lewiston.

**Client Location Conditions:** Clients are expected to keep driveways clear of any obstacles (low hanging tree branches, ice/snow, and any other obstruction). If your location is determined by the driver to be impassable or hazardous, arrangement will be made to pick you up at another location.

**Donations for Service:** Travel within the Town of Lewiston will be at the rate of 50 cents per one trip and \$1.00 round trip. Travel outside of the Town of Lewiston will be at the following rates:

Summit Mall Medical	\$4.00
Niagara Falls	\$4.00
Youngstown	\$ 3.00

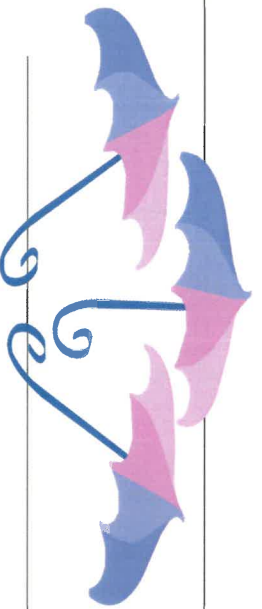
**Thank you to our wonderful Van Drivers who transport our seniors safely wherever they need to go! Thank you for your patience and kindness to everyone! You are the best! 😊**

**No Senior will be denied service due to an inability to pay.**

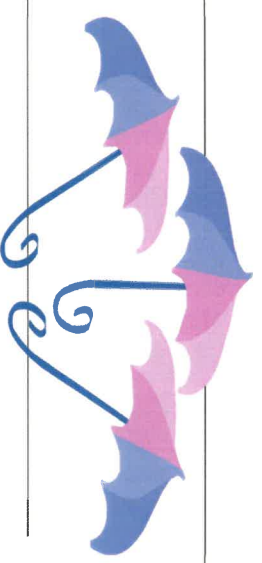
**Please Remember to “Buckle-Up” when you ride the van.**

**The Van Drivers would like to remind you to “Buckle-Up”**





# April 2024



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 <b>1</b> 9:30 Chair Yoga 12:30 Pinochle 1-3:00 PM Art	<b>1</b> 9:30 Chair Yoga 12:30 Pinochle 1-3:00 PM Art	<b>2</b> 9:30AM Band Ex 10:30 B/P Screening OFA Lawyer 11AM Speaker Eclipse 12:30 Senior Club 12:30-3PM Euchre	<b>3</b> 9:15 Silver Sneakers 10:30AM Larks 12-3:00 Mahjongg 1:00PM BINGO	<b>4</b> 8:30 Mahjongg 9:00 Wood Carvers 1:00 Exercise W/Kathy 1-3:00 Grief Support	<b>5</b> 9AM Quilters 9AM Chair Yoga AARP Tax Prep 12:00 Trivia 12:30-3:30 Bridge	 <b>13</b>
<b>7</b>  <b>8</b> Center <b>Closed</b> 	<b>8</b> Center <b>Closed</b>	<b>9</b> 9:30AM Band Ex 12:30 Senior Club 12:30-3PM Euchre	<b>10</b> 9:15 Silver Sneakers 10:30AM Larks 12-3:00 Mahjongg 1:00PM BINGO	<b>11</b> 8:30 Mahjongg 9:00 Wood Carvers 1:00 Exercise W/Kathy 1-3:00 Grief Support	<b>12</b> 9AM Quilters 9AM Chair Yoga Last Day for AARP Tax Prep 12:00 Trivia 12:30-3:30 Bridge	 <b>13</b>
<b>14</b>  <b>15</b> 9:30 Chair Yoga 12:30 Pinochle 1-3:00 PM Art	<b>15</b> 9:30 Chair Yoga 12:30 Pinochle 1-3:00 PM Art	<b>16</b> 9:30AM Band Ex 10:30 B/P Screening 12:30 Senior Club 1:30 PM Book Club 12:30-3PM Euchre	<b>17</b> 9:15 Silver Sneakers 10:30AM Larks 12-3:00 Mahjongg 1:00PM BINGO	<b>18</b> 8:30 Mahjongg 9:00 Wood Carvers 1:00 Exercise W/Kathy 1-3:00 Grief Support	<b>19</b> 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:30-3:30 Bridge	<b>20</b>  Every Friday
<b>21</b>  <b>22</b> 9AM Earth Day Project 9:30 Chair Yoga 12:30 Pinochle 1-3:00 PM Art	<b>22</b> 9AM Earth Day Project 9:30 Chair Yoga 12:30 Pinochle 1-3:00 PM Art	<b>23</b> 9:30AM Band Ex 12:30 Travel Club Tech 101 12:30-3PM Euchre	<b>24</b> 9:15 Silver Sneakers 10:30AM Larks 11AM Larks Concert 12-3:00 Mahjongg 1:00PM BINGO	<b>25</b> 8:30 Mahjongg 9:00 Wood Carvers 1:00 Exercise W/Kathy 1-3:00 Grief Support	<b>26</b> 9AM Quilters 9:30AM Chair Yoga 12:00 Trivia 12:30-3:30 Bridge 1PM Flower Arranging	<b>27</b> 
<b>28</b>  <b>29</b> 9:30 Chair Yoga 12:30 Pinochle 1-3:00 PM Art	<b>29</b> 9:30 Chair Yoga 12:30 Pinochle 1-3:00 PM Art	<b>30</b> 9:30AM Band Ex 12:30 Senior Club 12:30-3PM Euchre	 Birthday's are Celebrated the First Tuesday of Each Month!	<b>Lunch Program Monday-Friday</b> <b>11:00-12:30PM</b>	 Produce Truck Every Wednesday 11:30-12:30	



## Weekly Activities



April

<b>Monday</b>	<b>9:30AM</b>	<b>Chair Yoga</b>
	<b>1:00PM</b>	<b>Afternoon Art</b>
	<b>1:00PM</b>	<b>Pinochle</b> (Looking for new players 😊!)
	<b>9-12:00</b>	<b>Jeff Lewis BC/BS</b> (The 4 <sup>th</sup> Monday of each Month)
<b>Tuesday</b>	<b>9:30AM</b>	<b>Resistance Band Exercise</b>
	<b>11-12:30</b>	<b>Lawyer NCOFA</b> (1 <sup>st</sup> Tuesday of Each Month)
	<b>12:30PM</b>	<b>Senior Club</b> (1 <sup>st</sup> , and 3 <sup>rd</sup> , Tuesday of Each Month)
	<b>12:30PM</b>	<b>Travel Club</b> (4 <sup>th</sup> Tuesday of Each Month)
	<b>1:00PM</b>	<b>Bridge</b> (1 <sup>st</sup> Tuesday of Each Month Only)
	<b>1:00PM</b>	<b>Technology 101</b> (2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday of Each Month)
	<b>12:30PM</b>	<b>Euchre</b>
	<b>1:30PM</b>	<b>Book Club</b> (3 <sup>rd</sup> Tuesday of Each Month)
<b>Wednesday</b>	<b>9:15AM</b>	<b>Silver Sneakers</b>
	<b>10:30AM</b>	<b>Larks</b>
	<b>1:00PM</b>	<b>BINGO</b>
	<b>12:00PM</b>	<b>Mahjongg</b> (Looking for new players 😊!)
<b>Thursday</b>	<b>8:30AM</b>	<b>Mahjongg</b>
	<b>9:00AM</b>	<b>Wood Carvers</b> (New Carvers Welcome 😊!)
	<b>1:00PM</b>	<b>Exercise with Kathy</b>
	<b>1-3:00PM</b>	<b>Grief Support Group</b> (Now Every Thursday)
<b>Friday</b>	<b>9:00AM</b>	<b>Quilters, Knitters, and Crochet</b>
	<b>9:00AM</b>	<b>Chair Yoga</b> (Will resume 9:30AM on April 19 <sup>th</sup> )
	<b>12:00PM</b>	<b>Trivia</b>
	<b>12-3:00PM</b>	<b>Bridge</b> (Looking for players to fill-in 😊!)

Please Call the Senior Center (716) 754-2071 For more information 😊!